Winter Break BIBLE BIBLE

REFLECTION

One of the reasons Christmas Break can sometimes cause us to struggle is because it throws us out of our usual routines. So it's important to engage in some formational rhythms (disciplines that help us grow) that will help us stay on track in pursuing Jesus. Reflect on these questions to help you make a plan for this break.

Scripture:

What is your plan for consistently reading God's Word this break?

- What will you read?
 - If you don't have a plan yet, you can use this Winter Break Reading plan.
- When will you read?
 - Choosing a specific time that you will read each day makes it much more likely that you'll be able to follow through.

Prayer:

What are some specific things/people you want to be praying for this break?

- What's one way you can pray for your own growth over this break and into the next semester?
- Who is one lost friend or family member that you will see this break? Pray that God might soften their heart and give you an opportunity to speak to them.
- Text 1-2 Table friends and ask them how you can be praying for them and checking on them over the break.

Formational Rhythms:

- Are there any other formational rhythms you want to try to engage in this week (ideas: exercising each day, a screen limit on your phone, Scripture memory, fasting, etc.)?
- If so, list one or two, and then ask a friend to check in and see how you're doing with those over the break.



The S.O.A.P. Method is a really easy way to help engage with Scripture beyond simply reading the text and moving on.

It works like this: Grab a pen and a notepad, and after reading the text, write out a very brief (1-2 sentences) response under each of these four headings.

S(cripture) - Choose one verse that sticks out to you, and write it out by hand.

O(bservation) - Write out 1-2 interesting things you noticed in the text, or write a question you have about the text.

A(pplication) - Write down one way that you can obey or apply this text in your life today.

P(rayer) - Write a brief prayer based on the text you just read.

THE PLAN

Week 1 12/17-23

- Sunday: Isaiah 9:2-7
- Monday: Luke 1:1-25
- Tuesday: Luke 1:26-38
- Wednesday: Matthew 1:18-25
- Thursday: Luke 1:39-56
- Friday: Luke 1:57-80
- Saturday: Luke 2:1-20

Week 2 12/24-30

- Sunday: Matthew 2:1-12
- Monday: John 1:1-18
- Tuesday: Mark 1
- Wednesday: Mark 2
- Thursday: Mark 3
- Friday: Mark 4
- Saturday: Mark 5

Week 3 12/31-1/6

- Sunday: Break
- Monday: Mark 6
- Tuesday: Mark 7
- Wednesday: Mark 8
- Thursday: Mark 9
- Friday: Mark 10
- Saturday: Mark 11

Week 4

1/7-1/13

- Sunday: Break
- Monday: Mark 12
- Tuesday: Mark 13
- Wednesday: Mark 14
- Thursday: Mark 15
- Friday: Mark 16
- Saturday: Break

